

SET 1 – PICTURE YOURSELF GROWING UP – MALE AND FEMALE

48 illustrative cards for learning about sexuality and human development

Illustrations

1. Baby about six months old, clothed, no clues about gender
2. A boy and a girl – about three years old, some gender differentiation
3. Boy about three years old, clothed, stereotypically male
4. Girl about three years old, clothed, stereotypically female
5. Boy about 8 years old, clothed, stereotypically male
6. Girl about eight years old, clothed, stereotypically female
7. Boy about eight years old, clothed, little gender differentiation
8. Girl about eight years old, clothed, little gender differentiation
9. Boy about 15 years old, clothed, stereotypically male, physically mature
10. Girl about 15 years old, clothed, stereotypically female, physically mature
11. Boy about 15 years old, clothed, little gender differentiation
12. Girl about 15 years old, clothed, little gender differentiation
13. Young man, clothed, not stereotypically male
14. Young woman, clothed, not stereotypically female
15. Man in his thirties, clothed, stereotypically male
16. Woman in her thirties, clothed, stereotypically female
17. Man wearing a kilt
18. Woman wearing a sari
19. Man wearing a djellaba
20. Woman wearing a uniform with trousers

21. Man wearing city suit
22. Woman wearing city suit
23. Elderly man, clothed, stereotypically male
24. Elderly woman, clothed, stereotypically female
25. Baby boy and girl, naked
26. Group of toddlers, boys and girls, naked
27. Boy about eight years old, naked
28. Girl about eight years old, naked
29. Boy about 15 years old, naked
30. Girl about 15 years old, naked
31. Group of teenage boys, clothed, all shapes and sizes
32. Group of teenage girls, clothed, all shapes and sizes
33. Man in his thirties, naked
34. Woman in her thirties, naked
35. Elderly man, naked
36. Elderly woman, naked
37. Detail of adult circumcised penis
38. Detail of adult uncircumcised penis
39. Detail of adult erect penis
40. Man in shower, washing his penis pulling back foreskin
41. Man in bath washing under arms
42. Woman, naked, showing vulva
43. Detail of vulva
44. Woman in toilet inserting tampon
45. Woman in toilet fixing sanitary towel
46. Woman in shower washing genitals
47. Woman in bath washing under her arms
48. Pregnant woman, wearing bra and pants

SET 2 – PICTURE YOURSELF IN PUBLIC AND PRIVATE

16 colour photographs and 32 illustrative cards for learning about appropriate behaviour

Photographs

1. Street
2. Park
3. On a bus
4. At a swimming pool
5. Inside a supermarket
6. Inside a café
7. Inside a disco
8. In an office
9. In a factory
10. In a classroom with table and chairs
11. In a sitting room
12. In a kitchen
13. In a private garden
14. In a bedroom
15. In a bedroom
16. In a bathroom

Illustrations

17. Teenage boy wearing swimming trunks
18. Teenage girl wearing swimming costume
19. Man wearing underpants
20. Woman wearing bra and pants
21. Man standing naked
22. Woman standing naked
23. Teenage boy picking nose
24. Teenage girl squeezing spots
25. Woman scratching breast
26. Young man sitting with flies open

27. Young woman sitting with legs wide apart
28. Elderly man getting dressed
29. Elderly woman getting undressed
30. Woman brushing hair
31. Man crying
32. Man fondling his genitals
33. Woman fondling her genitals
34. Man masturbating
35. Woman masturbating
36. Man doing up flies
37. Woman adjusting petticoat
38. Woman adjusting bra
39. Group of young men and women tailing to each other
40. Man and woman talking to each other
41. Man and woman holding hands
42. Two men with arms round each other
43. Two women arm in arm
44. Man and woman hugging one another
45. Two men kissing one another
46. Two women hugging and kissing one another
47. Man and woman kissing and cuddling intimately
48. Couple naked, kissing and cuddling intimately

SET 3 -PICTURE YOURSELF MAKING RELATIONSHIPS

48 illustrative cards for learning about social and sexual behaviour

Illustrations

1. Young man wearing dirty/scruffy clothes with clean/well dressed friends
2. Young man looking miserably silent in group of chatting friends
3. Young woman showing someone the way
4. Woman pushing into queue at bus stop
5. Elderly man trying to get past group of people chatting
6. Woman refusing to share chocolate with friend
7. Man listening intently to someone talking to him
8. Man watching children playing on swings
9. Young man forcing kiss on older woman
10. Young woman hugging someone who doesn't want to be hugged
11. Woman being introduced to a group by shaking hands
12. Woman inviting a friend in and taking his coat
13. Young man offering a visitor a cup of tea
14. Man putting his hand on a younger man's knee
15. Woman showing another woman explicit pictures in a magazine
16. Man offering a woman a lift in his car
17. Man touching a woman's bottom
18. Group chatting in a pub
19. Couple shopping together
20. Group of old people playing cards

Cards 21-48 show Peter and Sally, who are students at a college or day centre

21. Peter and Sally standing outside the college or day centre

22. Peter arriving at the college/day centre and ignoring Sally
23. Peter arriving at the college/day centre and Sally saying, Hello
24. Peter arriving at college/day centre and Sally greeting him with hugs and kisses
25. Peter and Sally in class working
26. Peter and Sally in class showing more interest in one another than in work
27. Peter and Sally in class kissing and cuddling
28. Peter and Sally at college or day centre having lunch
29. Peter and Sally at college or day centre going for a walk
30. Peter and Sally talking with a group of friends
31. Peter and Sally in the common room holding hands
32. Peter and Sally in the common room kissing and cuddling
33. Peter and Sally in the street holding hands
34. Peter and Sally in the street kissing and cuddling
35. Peter and Sally in the street kissing and caressing intimately
36. Peter and Sally in a sitting room alone holding hands
37. Peter and Sally in a sitting room alone kissing and cuddling
38. Peter and Sally in a sitting room alone kissing and cuddling intimately
39. Peter and Sally in a bedroom alone undressing one another
40. Peter and Sally in a bedroom alone, naked and cuddling intimately
41. Peter getting a condom out of his bedside drawer
42. Sally opening the packet
43. Sally squeezing the teat of the condom
44. Sally putting the condom on Peter's erect penis
45. Peter and Sally lying on the bed having sexual intercourse

46. Peter taking the condom off carefully
47. Peter wrapping the condom in a tissue
48. Peter disposing of the wrapped condom in a bin

SET 4 - PICTURE YOURSELF – BEING PRIVATE

35 illustrative cards on personal hygiene

13 illustrative cards on masturbation

Illustrations

Using female public toilets

1. Woman opening door to women's toilets
2. Going into empty cubicle
3. Locking door
4. Taking down pants
5. Sitting on toilet
6. Taking toilet paper
7. Wiping bottom
8. Rearranging clothes
9. Flushing toilet
10. Washing hands
11. Drying hands
12. Leaving toilets

Using male public toilets (cubicle)

13. Man opening door to men's toilets
14. Going past urinals into empty cubicle
15. Locking door
16. Pulling trousers and pants down
17. Sitting on toilet
18. Taking toilet paper
19. Wiping bottom
20. Pulling up trousers, doing up flies
21. Flushing toilet
22. Washing hands
23. Drying hands
24. Leaving toilets

Using male public toilets (urinals)

25. Man opening door to men's toilets
26. Standing between urinals and cubicles
27. Standing close to urinal, unzipping flies
28. Pulling out penis
29. Urinating
30. Shaking drops off penis
31. Putting penis away
32. Zipping up flies
33. Washing hands
34. Drying hands
35. Leaving toilets

Female masturbation

36. Woman opening door to her bedroom
37. Closing door behind her
38. Masturbating
39. Climaxing
40. Getting dressed
41. Washing hands in bathroom

Male masturbation

42. Man opening door to his bedroom
43. Closing door behind him
44. Masturbating
45. Climaxing
46. Cleaning himself with a tissue
47. Getting dressed, doing up flies
48. Washing hands